

Psychological Support Helpline

028 7161 1281
Choose Option 3

The helpline is open to all HSC staff including those within the Western Trust, local GP practices, Northern Ireland Ambulance Service and the Independent Sector.

Let us care for you, as you care for others.

Could you benefit from confidential support and advice to support your emotional health and wellbeing?

Available Mon to Fri 9am to 9pm and Sat and Sun 2pm to 6pm.



#We Are With
YOU

COVIDPsychological.Support@westerntrust.hscni.net